

I Year Rounder Summary

Beginning in 2021, accomplishments and rankings will be combined into a single division. All qualifying rides will be included in a rider's metrics, regardless of personal versus organized, indoor or outdoor. In short, there is only one critical distinction – that of what constitutes a “qualifying ride”.

II WHAT IS A QUALIFYING RIDE?

A qualifying ride is any ride that is –

- Entirely human-powered
- On any type of human-powered vehicle
- A distance of no less than 90 miles/145 km
- Completed in a single day, or 24-hour period if overnight (see below for further details regarding multi-day rides)
- If indoor/virtual, utilizing a ‘smart’ trainer with calculated equivalence translating work (power over time) into speed and distance covered

III HOW ARE RIDERS MEASURED AND RANKED?

Riders are ranked, and levels of accomplishment are reached, based on two metrics – the Number of Qualifying Rides completed and the Distance Ridden within qualifying rides. The WUCA member database will collect rider submissions of qualifying rides and will maintain a running total of these on the two defined metrics. A ranking will be portrayed on the WUCA website based on the Distance Ridden metric, without distinction for bike type, gender or age category.

IV WHAT ARE THE DEFINED LEVELS OF ACCOMPLISHMENT?

In addition to the overall ranking (based on Distance Ridden), riders will be recognized as reaching pre-defined levels based on clearing the following criteria –

- Larry Schwartz Award – Achieved when a rider has logged a minimum of 12 qualifying rides, with a minimum of one in each calendar month (see below for latitude regarding Make Up Rides)
- Gold Award – Achieved when a rider has logged a minimum of 30 qualifying rides, or 3,000 miles or 4,800 km, within qualifying rides
- Platinum Award -- Achieved when a rider has logged a minimum of 50 qualifying rides, or 5,000 miles or 8,000 km, within qualifying rides

V ADDITIONAL DEFINITIONS & RULES

WUCA Membership: To get Year Rounder credit for a ride, a person must be a WUCA member at the time the ride was completed, or submit a membership application within 14 days after the end of the ride.

Calendar Year: The Year Rounder competition runs from January 1 through December 31. Because up to two make-up rides are allowed for the Larry Schwartz award, riders can still start as late as March, however December 31 is the cut-off for rides at year-end.

Tandem Mileage: Rides may be done on a tandem bicycle (or triple, etc.) A tandem rider accumulates individual mileage credited independent of partner(s). The partner need not be a Year Rounder participant.

Indoor Mileage (virtual riding platform option): Any indoor rides of a qualifying (virtual) distance that are completed on “virtual riding platforms” such as Zwift, Rouvy, FullGaz or similar (e.g. with the use of a smart trainer that can register real power output) where actual riding conditions mimic real world in relation to effort and road grade, can be counted for Year Rounder qualifying rides. Actual power measurements must be included in the submittal, and the ride results must be submitted in some format where derived (virtual) speed, distance and avg power are displayed. There is no minimum time, but virtual/calculated speed must be consistent with norms for power—speed relationships and the reported power reading. Failure of this test, in the sole judgement of a WUCA official may lead to your submittal being denied. *(As a reference of “norms for power-speed relationships”, the following website provides a physics-based point of reference.*

https://www.gribble.org/cycling/power_v_speed.html

While allowing for reasonable variation of a rider’s personal attributes (weight, Coefficient of Drag x Area, etc), the calculations and predictions of this site may be used to disqualify rides as unrepresentative of reasonable outdoor performance.)

90-Mile / 145 km Minimum: The 90-mile/145km minimum is meant to take into account organized rides billed as a century in concept, but which, because of routing constraints, etc., fall slightly short of 100 miles/160km.

Unusual events: The Year Rounder chair will consider giving credit for exceptional events which do not meet the normal qualifying rules. As example, a) if an event is shorter than 90 miles/145km and the terrain and cycling conditions are exceptionally difficult; or b) if the distance meets the rules but the event is so difficult that it doesn’t meet the time limits or implied average speed requirements. These considerations will be evaluated by the Year Rounder chair when included within a submittal with an explanation of the event details.

Multi-Day Rides: A ride extending beyond 24 hours or across day boundaries will count as a single, extended ride as long as an average speed of 200 miles per day (8.33 mph) is maintained. For example, Paris-Brest-Paris, with a 90-hour cut-off for its 1200km distance, requires essentially that average speed.

Multi-Stage Events: A multi-day series of stages (for example, a multi-day tour) counts as a series of individual rides and each ride will be eligible for inclusion as long as each ride meets the greater than 90 mile/145km rule.

Record Attempts: Time or distance-based WUCA-sanctioned individual record attempts count as qualifying rides, provided that all other tests of distance, time and strictly human-power are met. The witnessing official's log and results may be submitted for verification in lieu of the online form or GPS file. Examples would be a 24-hour record attempt or a border-to-border state crossing.

Make-Up Rides: Larry Schwartz award aspirants are strongly encouraged to ride at least one qualifying ride every month. However, since severe weather or injury may prevent that, a rider may make up at most two missed months per year, by riding extra one(s) earlier or later that same year. For example, if the rider completes no ride in February, riding two in March can make up for February. The make-up ride may also be a prudent precaution, for example, in November, protecting against the possibility of unaccommodating weather in December.

Calendar Month Credit: A ride that spans across two different calendar months is credited to the month in which the ride starts.

VI Ride Submission

A WUCA member wishing to accumulate Year Rounder credit may submit a qualifying ride by completion of an [Online form](#), including event name (if an organized ride), date, actual distance ridden, and, if available, a 'Results' web link for the event. If not an organized ride, supporting evidence can be a link to your electronically-recorded ride data on such sites as (but not limited to) Polar, Garmin, Strava, MapMyRide, RideWithGPS or DailyMile. (Note: the page should be public and not require that we create an account.)

If the above forms of evidence are unavailable, as alternative, the member may submit for consideration –

- [Single-ride](#) printed form (for single-stage events) signed by an event official, plus the event's flyer or route sheet mailed to the address shown on the form,
- [Multiple-stage](#) printed form for multi-stage events, with info as above

Ride Submission Deadline: Rides must be submitted within 14 days of the completion of event. (For multi-week tours, riders are encouraged to make weekly intermediate submissions if possible.)

Event Organizer Considerations: Remember that most events are not organized with the WUCA in mind, and most ride officials have a lot to take care of during and after an event. Remember also that it is your responsibility — not the WUCA's or the ride official's — to assure that the ride submission contains the proper info and is sent to WUCA within the deadline.

Add-On Mileage: A ride organizer may provide add-on mileage options to allow the ride to qualify for Year Rounder credit. An individual may also add mileage to an organized ride to make it a longer personal ride provided that the rider documents the personal part(s) of the ride as per the rules.

Questions?

[Contact Year Rounder Team](#)
